



**American
Red Cross**

Greater Cleveland Chapter

Be Red Cross Ready

American Red Cross

Greater Cleveland Chapter

Serving Cuyahoga, Geauga and Lake Counties

Together, we can save a life

Who We Are:

The American Red Cross, a humanitarian organization led by volunteers and guided by its Congressional Charter and the Fundamental Principles of the International Red Cross Movement, will provide relief to victims of disasters and help people prevent, prepare for and respond to emergencies.

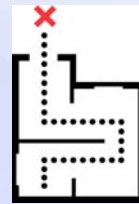
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Be Red Cross Ready:

- Get a kit



- Make a plan



- Be informed



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Get a Kit



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Water is top priority

- ✓ 1 gallon of water per person per day (for drinking and sanitation)
- ✓ Store extra for children, pets and for people with special needs
- ✓ Keep at least a 3 day supply of water per person

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Food Fundamentals

- ✓ Store at least a 3 day supply of non-perishable food
- ✓ Select foods that require no refrigeration, preparation, or cooking and little or no water
- ✓ Choose foods you will eat
- ✓ Manual can opener / eating utensils

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Other Items to Include:

- ✓ Flashlight and extra batteries
- ✓ Battery powered radio and extra batteries
- ✓ First Aid supplies
- ✓ Blanket/change of clothes
- ✓ Hygiene products
- ✓ Personal care items
 - ✓ Contact / denture supplies

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Other Suggestions:

- ✓ Copies of Important Papers (ins., birth cert, etc)
- ✓ Over the counter medication for stomach ailments and pain relief
- ✓ Hand sanitizer/ wipes
- ✓ Extra prescription medication (if possible)
 - ✓ -Or include a list of medications and allergies
- ✓ Comfort Items
- ✓ Entertainment Items (cards, games, books)

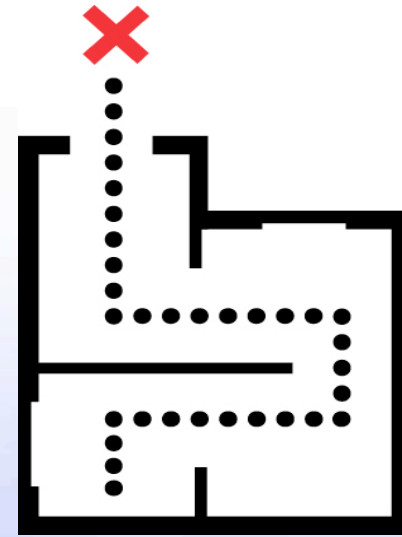
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Other Suggestions:

- ✓ Rotate your items in a kit once or twice a year---**check expiration dates**
- ✓ Place kit in a large sealable container such as a Rubbermaid container. Store in a cool, dry spot.

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Make a Plan



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Your family disaster plan

- ✓ Discuss why you need to prepare for a disaster
- ✓ Pick two places to meet
 - Right outside your home, in case of sudden emergency such as a fire
 - Outside your neighborhood, in case you cannot return home or are asked to evacuate your neighborhood

Establish a Communications plan

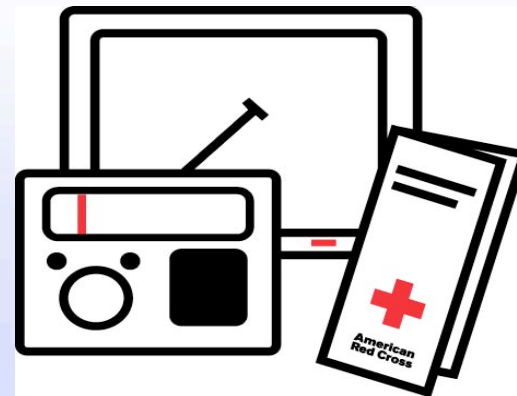
- ✓ Establish an out of state "family contact". After a disaster, it is often easier to call long distance. Other family members should call this person and tell them where they are.
- ✓ Everyone must know the contact's phone number
- ✓ Fill out Emergency Contact Card for each family member

Plan for your Pets

- ✓ PETS SHOULD NOT BE LEFT BEHIND, but understand that only service animals may be permitted in public shelters. Plan how you will care for your pet in an emergency
- ✓ Store extra food, water and supplies for your pet

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Be Informed



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What type of disasters
do we face here?

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- Fire 

- Flood 

- Explosion 

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- Hazardous spill



- Utility outages



- Biological incidents

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Emergency Notification

- ✓ Methods of getting your attention vary from community to community. One common method is to broadcast via **EMERGENCY RADIO and TV BROADCASTS**. You may hear a special siren, or get a telephone call or emergency workers may go door to door

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Emergency Plans

- ✓ Inquire about emergency plans at places your family spends time
 - Work
 - Daycare
 - School

If no plan exists, consider volunteering to help create one

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PRACTICE PLAN

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Safe and Well Website:

- Online resource that allows individuals in disaster affected areas to post "safe and well" messages to family members and loved ones
- Aids in notifying family of location and status

<http://disastersafe.redcross.org>

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Shelter in place

- ✓ Sheltering in place = staying put
- ✓ Bring your family and pets inside
- ✓ Get your disaster kit
- ✓ Listen to local radio or television for instructions

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Evacuation

- ✓ Follow local emergency instructions
- ✓ Wear appropriate clothing
- ✓ Lock your home, if possible
- ✓ Use approved travel routes
- ✓ Follow your disaster plan for your pet
- ✓ If you have time, call your family contact

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Evacuation...

- ✓ If you have a car, keep a half a tank of gas in it at all times in case you need to evacuate
- ✓ Become familiar with alternate routes and other means of transportation out of the area

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Evacuation...

- ✓ If you do not have a car, plan on how you will leave if you have to
- ✓ Don't forget about your elderly neighbors

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For More Information:

- www.redcross-cleveland.org
- www.redcross.org
- www.ready.gov
- www.prepare.org
- www.fema.gov
- www.nws.noaa.gov

Questions???

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